


My Talents and Gifts



HAND
Make a list of all those things you can do with your hands (e.g. gardening, sports, carpentry, cooking, fixing things).

Hand


1. _____
2. _____
3. _____
4. _____



HEAD
Make a list of all those things you know something about and want to share with others (e.g. music, birds, cars, movies, computers).

Head

1. _____
2. _____
3. _____
4. _____



HEART
Make a list of all those things your care deeply about (e.g. the environment, animals, children, art, the elderly).

Heart

1. _____
2. _____
3. _____
4. _____

Name: _____

Date: _____