

The National Senior Service Corps is made up of three separate programs, all of which recruit senior citizens to help address compelling community needs:

The Foster Grandparent Program

recruits people age 60 and older living on low incomes to serve children with special needs and their families in schools, day care centers, hospitals and homes. Volunteers serve 15 to 40 hours per week and in return receive a stipend of \$2.65 per hour.

The Senior Companion Program

recruits people age 60 and older living on low incomes to serve adults with special needs to help them remain independent in their homes. Volunteers serve 15 to 40 hours per week and in return receive a stipend of \$2.65 per hour.

The Retired and Senior Volunteer Program (RSVP)

recruits people age 55 and over. They may be of any income level; they are not paid a stipend. They serve from a few hours a week to many more; some serve occasionally on special projects. RSVP volunteers may be placed with any non-profit or public organization or health care organization, whether non-profit or for-profit.

A 30% non-federal match is required to receive the federal funding to support these programs. Matching funds come from the Office of Elder Services (DHHS) and local communities, grants and donations.

Statistics for 2008

Program	Counties Served	Vols. Serving	Hours Served
Penquis Foster Grandparent Program	All except York & Cumberland	105	83,663
PROP's Foster Grandparent Program	York & Cumberland	135	121,539
PROP's Senior Companion Program	York & Cumberland	22	12,495
UMaine Cooperative Extension Senior Companion Program	All except York & Cumberland	114	88,101
Aroostook RSVP	Aroostook	516	96,776
Penquis RSVP	Knox, Lincoln & Waldo	202	48,679
HealthReach RSVP	Kennebec, Somerset & Franklin	320	49,134
UMaine Center on Aging RSVP	Penobscot, Piscataquis, Hancock & Washington	497	63,941
RSVP of Southern Maine	York & Cumberland	467	56,044
Totals		2,378	620,372

**Monetary Value at the Independent Sector national rate of \$19.51 per hour:
\$ 12,103,458**

Selected Highlights for 2008

A total of 2,371 children and youth with special needs received one-on-one attention and support through the two Foster Grandparent Programs.

Statewide, 704 older and disabled people received companionship and support for independent living through the two Senior Companion Programs, saving over \$5 million in nursing home costs.

RSVP Born To Read volunteers brought the joy of books to 1,044 pre-school children around Maine and facilitated activities to stimulate development of their literacy skills.

RSVP volunteers helped provide 156,519 nutritious meals to older people throughout Maine.

In addition RSVP volunteers tutored inmates in the Thresholds Program, a 5-step decision making model for inmates (HealthReach). They delivered over 800 medical transportation rides (Aroostook). They taught Healthy Seniors (Penquis) and Matter of Balance classes (Health Reach), provided consultation to nonprofits (Southern Maine) and helped out in adult day centers, an example of seniors helping seniors (UMaine Center on Aging). And they did much, much more.

Senior Corps volunteers provided many other services to help make Maine “the way life should be.”

Directory of Programs in Maine

Foster Grandparent Programs

Susan Lavigne, Director
PROP's Senior Volunteer Program
510 Cumberland Avenue
Portland, ME 04101
773-0202
773-3828 (Fax)
SLavigne@propeople.org

Gary Dorman, Director
Penquis Foster Grandparent Program
262 Harlow Street
Bangor, ME 04402-1162
973-3611
973-3699 (Fax)
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Senior Companion Programs

Ann Swain, Director
UMaine Cooperative Extension Senior
Companion Program
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Retired and Senior Volunteer Programs

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Aroostook RSVP
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764-6185 (Fax)
eleanorreese@aroostookaging.org

Patty Ott, Director
Penquis RSVP
170 Pleasant Street, Suite A
Rockland, ME 04841-2119
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594-2695 (Fax)
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Ruth Saint Amand, Director
HealthReach RSVP
P.O. Box 829
Waterville, ME 04903-0829
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Paula Burnett, Director
UMaine Center on Aging RSVP
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262-7921 (Fax)
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Ken Murray, Director
RSVP of Southern Maine
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MAINE'S SENIOR VOLUNTEER PROGRAMS



NATIONAL SENIOR SERVICE CORPS OF MAINE 2008 ANNUAL REPORT

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